

30th January 2026



Histon & Impington
Brook Primary School

HIBPS Newsletter



Headteacher update

Dear Families,

Our Year 6 netballers got the week off to a flying start with some excellent performances at the tournament in Cottenham. Mrs Inman has put together a write-up below. Well done team!

Years 2, 5 and 6 had an amazing VR experience from the 'Giant Journey Workshop' team. This enabled children to get a great understanding of some scientific concepts. Lots of fun too! Children in Years 1, 3 and 4 will have the experience in April.

Thank you to families for coming along to our Year 6 SATS and Year 4 MTC information sessions this week. We hope they were informative. Information from the sessions are being sent to all families in those year groups.

Finally, our reception children had another visitor in school this week as part of their learning about jobs in our community. I must admit, I did have to do a double take when the police officer came down the corridor...! A super experience for the children.

Thank you,

Richard Bakker
Headteacher



Meridian
Trust



School News – BEE Netball Tournament



On Monday 26th January 2026, a group of Year 6 children went to Cottenham Village College to play in the first round of the local schools' netball tournament.

We took three teams to the netball tournament and all three teams were brilliant. They played their hearts out and got better and better as the tournament went on. It was great to see the team work and encouragement of each other. Well done everyone!

The teams will finish playing each other in the next round of the tournament in April at IVC. It will be exciting, as currently Histon Brook and Histon Brook Blue are at the top of the leader-board! They are on the same number of points, but have not played each other as yet. That will be a game to watch!

Thank you to all the parents/carers who transported the children to and from the event and supported them throughout. We really appreciate it.



School News – Young Voices – The O2

A few more pictures from the fabulous Young Voices at the O2





KS1 and KS2 updates

Year 1 - subtracting in maths



Year 1 - making glove puppets



Year 2 - architectural wonders!



Year 2 - testing materials in science





KS1 and KS2 updates

Year 3 – using instruments in music



Year 3 – using instruments in music



Year 4 – gymnastics



Year 5 – VR headset experience





KS1 and KS2 updates

Year 5 – VR headset experience



Year 6 – dissolving experiments



Year 6 – Hockey with Mr Carminati



Year 6 – creating final Brave colour pieces



Job Vacancies:

Please find below a link to vacancies within our Trust Area.

<https://mynewterm.com/jobs/139086/EDV-2026-HAIPPS-18086>



Key Dates : This Term

Date	Time	Event
Monday 2 nd February	Late morning, onwards.	Year 6 – Visit to IVC Performance
Wednesday 4 th February	7.30pm – 8.30pm	All Years – Parent Talk – Raising Kids in the Smart Phone Era – Location at HIBPS Hall –see poster below.
Friday 6 th February	8pm onwards	PTFA Quiz Night at The Brook
Thursday 12 th February	10–12.15pm	Selected Students – Quick Sticks Hockey Tournament
Friday 13 th February	TBC	Class 4JB – Trip to Fitzwilliam Museum
Monday 16 th February – Friday 20 th February	All Day – Every Day	School – Half Term Holiday
Tuesday 10 th March	Appointments from 3.30pm	All Years – Parents Consultation Evening Appts.
Wednesday 11 th March	3.15pm	PTFA & Year 2 – Cake Sale
Wednesday 11 th March	Appointments from 3.30pm	All Years – Parents Consultation Evening Appts.
Friday 20 th March	4.45pm–6pm	Reception & KS1 Classes – Movie Night
Tuesday 31 st April	TBC	Years 1.3 & 4 Giant Journey – Virtual Reality Experience
Monday 1 st – Wednesday 3 rd June	TBC	Year 6 – Residential Trip to Grafham Water Centre
Friday 12 th June	3.15pm–6pm	PTFA School Summer Fair
Monday 22 nd June & Tuesday 23 rd June	TBC	Year 6 – IVC Transition Days



**SMARTPHONE
FREE CHILDHOOD**

Histon & Impington

Parent Talk: Raising Kids in the Smartphone Era

Practical ideas and friendly conversation about helping kids thrive in the age of smartphones. We'll look at what's working for families right now and hear about the approach being taken by our local schools, including IVC. No judgement, just real talk.

Where

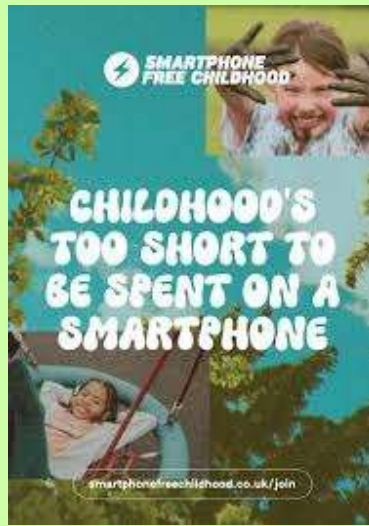
📍 Histon &
Impington Brook
Primary School

When

📅 Weds 4th
February 2026
🕒 7.30-8.30pm

✉ No need to RSVP...just come
along!

We will be joined
by Amy Ruffell,
Regional SFC
Lead and Chris
Gee, Assistant
Principal at
Impington
Village College



Dear Parents and Carers,

In a few short years smartphones and social media have become the new frontier of parenting, and families everywhere are having to navigate this with very little help or support.

After the success of our previous efforts, we are hosting another event for all Parents and Carers of Histon and Impington (and anyone else who is interested!) to discuss our children and their access to smartphones and social media.

If you have questions about how to approach the topic, would like to learn more about what others in our community are doing and have a chance to look at smartphone alternatives, then come along to chat with other parents and share perspectives and experiences.

Amy Ruffell, Cambridgeshire Regional Representative from the Smartphone Free Childhood movement will be there, alongside Chris Gee, Assistant Principal and Social Media Lead at Impington Village College.

We'd love you to join us for this judgment-free evening of open discussions at one of our local schools.

Best wishes from the Event Organisers...who are also a group of local parents!

10 Top Tips for Parents and Educators

ESSENTIAL ONLINE SAFETY

Children and young people use the internet every day to learn, play, and connect, but the online world is not always safe. For adults, it can be hard to keep up with the risks, including harmful content, cyberbullying and scams. These 10 tips provide clear and practical advice to support safer and healthier digital habits, helping young people to make informed, secure choices when using technology.

1 START EARLY CONVERSATIONS

Begin talking about online behaviour from the moment children start using devices. Use age-appropriate language and revisit topics regularly, making it clear they can speak to you about anything that upsets or confuses them. Keeping these chats open helps build trust, so children are more likely to come to you when needed.

2 PROMOTE SAFER SHARING

Children can overshare without understanding the risks. Remind them that photos, locations, or messages can be copied or shared beyond their intended audience. Explain how even private messages or group chats can be saved and/or misused. Talk about what is appropriate to post, message, and who it's safe to share with.

3 ENCOURAGE DIGITAL BALANCE

Many apps and games are designed to keep users engaged through rewards, likes, or constant updates. These features can make it hard for children to switch off. Talk openly about how these systems work and help children recognise when it's time to take a break. Building in tech-free routines supports a healthier balance and awareness of their screen time.

4 CREATE A SAFE SPACE FOR CONCERNS

When children come to you with a concern, respond with interest and care, rather than with alarm. Keeping your reaction measured helps them feel safe and supported. This doesn't mean ignoring serious issues; it means showing that you're there to help. When children trust that they can speak openly, they're more likely to feel supported through unpleasant online experiences, and to ask for help in future.

5 STAY INFORMED AND CURRENT

With emerging technologies like AI moving and changing so quickly, it's important to stay updated on how children are using new platforms, apps and games. Ask them to show you what they use and let them take the lead as you explore together. This opens up valuable conversations and helps you stay ahead of emerging risks and trends.

6 TEACH CRITICAL THINKING

Talk to children about how to recognise unreliable information or scams online. With AI-generated videos, photos, and stories becoming harder to spot, help children question what they see and encourage them to look for evidence, check sources, and ask questions. These skills will help them avoid risks, make smart choices, and develop healthy habits for the future.

7 SET CLEAR BOUNDARIES

Involve children in conversations about device usage so they feel included. Agree on digital rules such as screen-time limits, age-appropriate apps, and no devices in bedrooms overnight. Use parental controls to block or filter harmful content and explain that rules are there to protect and support them, not to spoil their fun.

8 LEAD BY EXAMPLE

Children often copy the behaviour of adults around them. Show them what balanced, respectful, and mindful use of technology looks like, such as avoiding scrolling during family time and speaking kindly in messages. If you expect certain behaviour from them online, make sure your own habits reflect the same standards.

9 EXPLORE PRIVACY SETTINGS TOGETHER

Show children how to use privacy tools on apps, games, and websites. Teach them to use strong passwords, block or report others in response to problems, and avoid sharing personal details. Explore settings together so they feel confident and in control, and explain that these features are there to help them stay safe online.

10 KNOW WHERE TO GET HELP

Familiarise yourself with tools and organisations that support online safety. The National College offers online safety guides and webinars which provide tips on staying safe. Websites like Report Harmful Content and CEOP can be used to report when something goes wrong. Show children how to report or block users, and where to go if they feel unsafe. Make sure they know that asking for help is always the right thing to do, and be prepared to support them.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

See full reference list on our website

#WakeUpWednesday®

The National College®



HIBPS PTFA

BAKE SALE BLUES

Missed the bake sale? We understand.

Maybe you were working or busy. Maybe you just didn't fancy dealing with a 5pm sugar-fuelled tornado destroying your living room



We get it. But you can still help!

Consider donating £5 instead: ➡

LINK BELOW



All the good karma, none of the icing in the carpet.

Thanks for your support! PTFA

Donate today:

www.pta-events.co.uk/hijS



HI BROOK PTFA SPRING TERM RAFFLE

Your chance to win prizes from these local companies

SHEPRETH
WILDLIFE PARK

Cambridge University
Botanic Garden

TOE-TAL
FOOTCARE

THE
BOOT

ZAPT
LASER TAG
ULTIMATE OUTDOOR GAMING

Hill

Histon
Chop Shop

Ark

CAMBRIDGE
RUGBY

SALCOMBE
GIN

- ♥ £50 voucher The Boot, Histon
- ♥ 2 x Shepreth Wildlife Park tickets
- ♥ 4 x University Botanic Garden tickets
- ♥ Cambridge Rugby Club family ticket
- ♥ Zapt Laser Tag session for 2

- ♥ Histon Chop Shop voucher
- ♥ Ark Cambridge goodies
- ♥ Salcombe Pink Gin
- ♥ Toetal Footcare gift set
- ♥ Hamper from Hill Residential

- Raffle ticket booklets will be sent home from 23rd Jan.
- Tickets are £1 each – full details are on the booklets.
- Please return tickets & payment to the School Office by Fri 6th Feb to be entered into the draw.
- Winners will be drawn at the PTFA Quiz – but you don't need to be at the draw to enter.
- Winners will be notified via email after the event.

Any questions please email: hijsppta@gmail.com



Histon & Impington
Brook Primary School



PRESENTS THE PTFA

QUIZ NIGHT

WITH QUIZ MASTER MR BAKKER

FRI 6 FEBRUARY 2026

HI BROOK SCHOOL, OLD HALL

8PM

DOORS OPEN 7.30PM

£7

PP

BAR

CARD OR CASH

TEAMS OF UP TO 8 PEOPLE

Get tickets for your team:
bit.ly/3LHMjqi





Our Outside School Achievements!

We love seeing your fabulous achievements outside of school!

Please e-mail the office at office@brookprimary.co.uk if you have any achievements you would like to celebrate with everyone!

Please say if you and your child are happy for it to go in the Newsletter, in the school Celebration Assembly or on the Celebration Wall, or any combination of these.

Eirini and Anna's Fundraising Challenge!



Eirini and Anna have started a fundraising challenge, aiming to run 150k between them in 6 weeks!

We have decided to set ourselves a running challenge to fundraise for charity. We are planning to run 150 kilometres between us within 6 consecutive weeks, having started on 13/01/2026.

Our chosen charities are Arthur Rank Hospice and Centrepoint.

- *Arthur Rank Hospice supports people living in Cambridgeshire with an advanced serious illness or a life-limiting condition and those in need of end-of-life care.*
- *Centrepoint is the UK's leading youth homelessness charity, they support over 15,000 young people every year and campaign to end youth homelessness by 2037.*

We have selected these charities as we believe they both serve important causes and together they cover a wide range of issues. We greatly appreciate any donations, big or small. Thank you in advance for supporting both us and these charities.

Here is the link to their fundraising page:

<https://gvwhl.com/APXK4>

Please support Eirini and Anna if you can,

What a wonderful challenge to take on. You are amazing!

We look forward to hearing all about your progress.

Goodluck!



Your Education Inclusion Family Advisor



Jurate Trumpickiene

Education Inclusion Family Advisors offer you an opportunity to ask for information, advice and support on any issue affecting your family life in a relaxed and confidential environment. These areas include:

- Challenging behaviour
- Routines
- Supporting emotions and wellbeing
- School transitions
- Parenting strategies
- Building resilience and confidence
- Any other family challenges you might be facing

As Education Inclusion Family Advisors, we offer support in various ways:

- Up to six 1:1 sessions with parents/carers (virtually or face to face in your child's school on request)
- Workshops on specific topics (currently held virtually)
- Signposting to other services such as parenting courses and support services

For more information, please speak to your school's office, contact me directly on 07767048838

✉ Jurate.Trumpickiene@cambridgeshire.gov.uk
or by using this link or QR code to request support

<https://forms.office.com/e/MK4VD8wiFt>





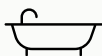
Education Inclusion Family Advisor Newsletter February 2026



A Bit About Me

Hi, my name is Jurate Trumpickiene, and I am your school's link EIFA.

As an EIFA I offer advice and strategies to parents and carers with a Primary School aged child that may be experiencing some challenges such as routines, sleep, sibling rivalry, challenging behaviour, worries or self-esteem. If you'd like a chance to chat about any of these topics, just contact me on the details below.



Parenting Top Tip



Parents and carers often prioritise the needs of others and place their own wellbeing last, which can increase the risk of stress and burnout. Children learn by example, and when they see adults acknowledging their feelings and taking steps to care for themselves, they develop the skills to recognise and manage their own wellbeing.

Ahead of half term, our EIFA workshop will focus on family wellbeing, exploring practical ways to support self-care and introducing simple tools to help build and maintain healthy routines for the whole family.

Please join us for the Family Wellbeing session on Tuesday 10th February at 12.00. To book a place, please click the link or scan the QR code [Microsoft Virtual Events Powered by Teams](#)



Create a paper lantern

Tuesday 17th February is Chinese New Year and 2026 is the year of the fire horse, symbolising growth mindset in the form of independence, creativity, ambition and energy to name only a few.

Why not create a paper lantern to celebrate.



- Take a piece of A4 paper or thin card.
- Fold it in half lengthways and make equally spaced cuts along the length of the paper/card (using scissors) - Make sure you leave a 3cm gap at the top and bottom and both ends of the paper/card.
- Open the paper/card and fold it round into a cylinder shape.
- Glue or sticky tape the ends together and decorate your lantern with paints, pens, sequins or sticky gems.

Children's Mental health week is taking place between the 9th-15th February

This year's theme is 'This is my place' and is around creating an environment that gives our children and young people a sense of belonging.

Place2Be have a whole range of resources and activities available to download for free.

[Place2Be's Children's Mental Health Week - Official site](#)

Does your child have, or potentially have, an additional need or disability?

Pinpoint www.pinpoint-cambs.org.uk have lots of information, advice and tips.

For **Cambridgeshire's Local Offer** go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



Jurate.Trumpickiene@cambridgeshire.gov.uk

<https://forms.office.com/e/MK4VD8wiFt>



